

Let's see what's for lunch...

Week 1

Monday

Main Meals

Beef Bolognese with Spaghetti
Vegan Bolognese with Spaghetti
Baked Jackets with Grated Cheese

Served with

Peas & Broccoli

Sandwiches

Chicken Mayonnaise Baguette
Cheese Salad Wrap

Dessert

Maryland Cookie

Tuesday

Main Meals

Ham & Cheese Pizza with Baked Wedges
Margherita Pizza with Baked Wedges
Pasta & Tomato Sauce

Served with

Carrots & Sweetcorn

Sandwiches

Ham Sandwich
Cheese & Tomato Bloomer

Dessert

Apple Crumble with Custard

Wednesday

Main Meals

Roast Chicken with Roast Potatoes & Gravy
Squash & Lentil Lasagne
Baked Jackets with Baked Beans

Served with

Seasonal Greens & Cauliflower

Sandwiches

Tuna Sweetcorn Baguette
Cheese Sandwich

Dessert

Cherry Cornflake Cake

Thursday

Main Meals

Mild Chicken & Vegetable Curry with Steamed Rice
Vegan Bean Chilli with Steamed Rice
Pasta & Tomato Sauce

Served with

Broccoli & Carrots

Sandwiches

Tuna Mayo Sandwich
Cheese Salad Wrap

Dessert

Chocolate & Pear Sponge

Friday

Main Meals

Breaded Fish Fingers with Chips & Ketchup
Vegan Goujons with Chips & Ketchup
Baked Jackets with Grated Cheese

Served with

Peas & Baked Beans

Sandwiches

Ham Sandwich
Egg Mayo Baguette

Dessert

Banana Flapjack

Freshly Baked Bread:

Carrot & Beetroot or Wholemeal Bread

Week 1: 27th May, 17th June, 8th July, 2nd Sept, 23rd Sept, 14th Oct, 4th Nov, 25th Nov, 16th Dec

Week 2

Monday

Main Meals

Pork Sausage with Mashed Potato & Gravy
Vegan Sausage with Mashed Potato & Gravy
Pasta & Tomato Sauce

Served with

Sweetcorn & Baked Beans

Sandwiches

Cheese Sandwich
Ham Salad Wrap

Dessert

Chocolate Rice Krispie Cake

Tuesday

Main Meals

Chicken & Sweetcorn Pasta
Vegan Sweet & Sour Vegetables with Steamed Rice
Baked Jackets with Grated Cheese

Served with

Carrots & Broccoli

Sandwiches

Egg Mayonnaise Sandwich
Cheese Salad Wrap

Dessert

Mandarin Jelly

Wednesday

Main Meals

Honey Roast Gammon with Roast Potatoes & Gravy
Sweet Chilli Stir-fry Mushroom & Vegetable Noodles
Wholewheat Pasta & Tomato Sauce

Served with

Seasonal Greens & Peas

Sandwiches

Cheese & Tomato Bloomer
Ham Sandwich

Dessert

Vanilla Ice Cream

Thursday

Main Meals

Beef Keema with Turmeric Rice
Vegan Layered Vegetable & Sweet Potato Bake
Baked Jackets with Baked Beans or Salmon Mayonnaise

Served with

Carrots & Sweetcorn

Sandwiches

Cheese Sandwich
Chicken Mayonnaise Baguette

Dessert

Apple & Carrot Flapjack

Friday

Main Meals

Breaded Fish Fingers with Chips & Ketchup
Vegan Fajita Wrap with Chips & Ketchup
Pasta & Tomato Sauce

Served with

Peas & Baked Beans

Sandwiches

Egg Mayonnaise Sandwich
Ham Salad Baguette

Dessert

Lemon Drizzle Sponge

Freshly Baked Bread:

Garlic & Herb or Wholemeal Bread

Week 2: 3rd June, 24th June, 15th July, 9th Sept, 30th Sept, 21st Oct, 11th Nov, 2nd Dec

Week 3

Monday

Main Meals

Chicken & Sweetcorn Meatballs with Tomato Sauce & Penne
Vegan Roasted Ratatouille with Penne
Baked Jackets with Grated Cheese

Served with

Carrots & Broccoli

Sandwiches

Ham Salad Wrap
Cheese & Tomato Bloomer

Dessert

Orange Shortbread Biscuit

Tuesday

Main Meals

Bacon & Mushroom Carbonara with Pasta
Vegan Lentil & Vegetable Curry with Steamed Rice
Pasta & Tomato Sauce

Served with

Sweetcorn & Coleslaw

Sandwiches

Tuna Sweetcorn Baguette
Cheese Sandwich

Dessert

Carrot Cake

Wednesday

Main Meals

Herby Roast Chicken with Roast Potatoes & Gravy
3 Vegetable Mac n' Cheese
Baked Jackets with Baked Beans

Served with

Seasonal Greens & Broccoli

Sandwiches

Tuna Mayonnaise Sandwich
Cheese Salad Wrap

Dessert

Chocolate & Beetroot Brownie

Thursday

Main Meals

Cottage Pie Topped with Sweet Potato Mash
Vegan Chickpea & Spinach Korma with Steamed Rice
Pasta & Tomato Sauce

Served with

Cauliflower & Carrots

Sandwiches

Chicken Mayonnaise Baguette
Ham Sandwich

Dessert

Vanilla Ice Cream

Friday

Main Meals

Breaded Fish Fingers with Chips & Ketchup
Vegan Bubble & Squeak with Chips & Ketchup
Baked Jackets with Grated Cheese

Served with

Peas & Baked Beans

Sandwiches

Ham Salad Bloomer
Cheese Sandwich

Dessert

Apple & Parsnip Cake

Freshly Baked Bread:

Courgette & Tomato or Wholemeal Bread

Week 3: 10th June, 1st July, 22nd July, 16th Sept, 7th Oct, 28th Oct, 18th Nov, 9th Dec

Pabulum Salad Bar

Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

Available Every Day:
Fresh Fruit, Yoghurt or Jelly



Made Fresh Every Day
All our food is freshly prepared using seasonal produce from local suppliers. We are proud to always cook from scratch.

BM1 Friars
May 2024

All products are subject to availability

pabulummm
HONESTLY GOOD FOOD