



## Let's talk about... Protecting the health of our children and young people



Parents want what is best for their children – and that includes the vital protection that vaccines provide from preventable diseases"

Maria Caulfield, Health Minister and nurse

Come along to our free drop-in Community Event and walk-in vaccination clinic

No appointment necessary.

For parents/carers with their children, students and young people up to 26 years old.



- Ask questions and have a friendly informal chat with health professionals from Southend-on-Sea City Council's Public Health Team, a Doctor or the EPUT NHS nurses.
- Pick up information on how to support the health and wellbeing of children and young people.
- Check vaccination status.
- Free pop-up vaccination clinic – no need to book just walk-in.



For more information about protecting children and young people **www.nhs.uk/vaccinations** or scan the QR code

Alternatively you can text a school nurse directly to talk about health or emotional wellbeing:

IF YOU'RE 11-19 YEARS OLD TEXT 07520 649895 PARENT/CARER OF 5-19 YEARS OLD TEXT 07507 331884







Young People scan this QR Code to find support



Parents scan this QR Code to find support

